

2014 GUIDED WALKS & FAMILY ACTIVITIES

In Redcar & Cleveland



Heritage Walks

Join us on one of our free guided heritage walks, led by local history enthusiasts to learn more about our rich heritage in Redcar & Cleveland. Booking is advised, although not essential.

Ironstone Mining Heritage 1 (led by John Roberts) ③

When: Wednesday 28th May

Start: 10:30am, Skinningrove car park, TS13 4BJ

Length: 3.5 hours

Discover more about the former ironstone mining industry in East Cleveland. With particular reference to mines and communities in Skinningrove and Liverton Mines.

Marske Aerodrome & Redcar Sound Mirror (led by Peter Appleton) ②

When: Wednesday 4th June

Start: 10:30am, Coast Road Car Park, closest to Redcar

Length: 2.5 hours

In this WW1-themed walk, come and learn about the part that Redcar played in the local defences against Zeppelin raids. You'll also hear about the 1913 summer camp of the local Brigade of the Territorial Force that was held at Redcar.

Lewis Hunton & Alum Workings (led by Marshall Best) ③

When: Wednesday 25th June

Start: 10:15am, Skinningrove car park, TS13 4BJ

Length: 3 hours

The Cleveland Way at Hummersea and Boulby were very important production centres for Alum and the subject of Alum mining and the contribution of a mine managers son, Lewis Hunton, to our understanding of bio stratification.

Skelton High Street West (led by Peter Appleton) ②

When: Wednesday 16th July

Start: 10:30am, outside Skelton Library

Length: 2.5 hours

Skelton High Street divides naturally into an eastern half and a western half at Coniston Road. This walk explores the heritage to be found in the western half on a gentle stroll to the old church tucked away on the edge of the Castle grounds.

Why walk?

Walking is good for your heart and lungs, and is great for strengthening your muscles, bones and joints. By walking regularly, anyone can greatly reduce their risk of a stroke.

Panniermans Causeway (led by Marshall Best) ②

When: Wednesday 23rd July

Start: 10:30am, Loftus Square, outside the Co-op

Length: 4 hours

Panniermen transported coal and wool, along the long trod (flagged paths) from Loftus. This walk is a charming look at these effective transport links.

Obscure Guisborough Railways (led by George Featherston) ②

When: Wednesday 13th August

Start: 10:30am, Guisborough Forest & Walkway Centre

Length: 5 hours

The Guisborough valley once had two main railway lines and several branches. We'll explore them and their often swashbuckling history while we enjoy the fine countryside and wildlife.

Scaling Dam & Radar Station (led by Marshall Best) ③

When: Wednesday 20th August

Start: 10:30am, Scaling Dam Sailing club car park, TS13 4TP

Length: 4 hours

Examining the former site of the RAF Danby Beacon, including the plaque commemorating the date the first enemy aircraft was shot down in Britain in WW2, after being detected by radar at Danby Beacon.

Ironstone Mining Heritage 2 (led by John Roberts) ③

When: Wednesday 17th September

Start: 10:30am, Bank Top Car Park, Staithes

Length: 3.5 hours

Looking at the Grinkle and Boulby mines, this walk will also reference the active potash mine in Boulby. This walk is entirely within the North York Moors National Park.

Two Mines Circular (led by Peter Appleton) ③

When: Wednesday 24th September

Start: 10:30am, outside Skelton Library

Length: 4 hours

This walk takes us up the Cleveland Way towards Skelton Green before heading off down Trout Hall Lane past Skelton's coal mine. We then continue to North Skelton, site of the last ironstone mine to operate in Cleveland (which closed 50 years ago this year!). After a picnic lunch we continue to the site of Longacres ironstone mine before heading back to the library.

Guided Family Nature Walks

Join us on one of our guided nature walks, around our local Wildlife Trust Reserves. Lots of good, active fun for the kids during the school holidays! In partnership with Tees Valley Wildlife Trust.



Coatham Marsh

When: Thursday 29th May

Start: 10:30am, Todd Point Road Car Park

Length: 2 hours

On this walk you can expect to Join us for activity walk around Coatham Marsh, a chance to look for wetland birds such as swans, moorhens, along with lots of ducks. The meadow will just be coming into flower and with luck we might find a Bee Orchid or two.

Margrove Ponds

When: Monday 4th August

Start: 10:30am, Margrove Park Village, reserve entrance

Length: 2 hours

We will have a closer look at what species can be found living in Margrove ponds and hopefully see some dragonflies and damselflies as well.

Cattersty Gill

When: Monday 11th August

Start: 10:30am, Skinningrove Car Park

Length: 2 hours

A walk along the coast to see the coastal grasslands and cliffs. In summer the grassland is filled with the colour and scent of kidney vetch, pyramidal and common-spotted orchid, centaury and yellow wort. *Involves a steep walk up hill

Hunt Cliff

When: Monday 18th August

Start: 10:30am, Meet outside the Ship Inn, Saltburn

Length: 2 hours

A walk up the steps to Hunt Cliff one of the highest cliffs in England to see the coastal wildflowers and watch the Kittiwakes and Fulmars flying over the sea.

*Involves a steep walk up hill

Get your 60 minutes of physical activity! Children and young people aged 5 to 18 are recommended to do at least 60 minutes of physical activity every day.



Active Family Activities

Get active and join our fun friendly activities, suitable for all the family. Bike rides are around 4 to 6 miles and suitable for over 8's. Under 18's must wear a helmet and bikes/helmets can be loaned if sufficient notice is given.

Guisborough - Bike Ride

When: Saturday 21st June

Start: 10:30am, meet at railway line on Enfield Chase.

Length: 2 hours

Redcar - Bike Ride

When: Saturday 28th June

Start: 10:30am, meet at Laburnum Road library

Length: 2 hours

Brotton - Treasure Hunt

When: Saturday 26th July

Start: 10:30am, meet at Brotton library

Length: 2 hours

Saltburn - Myths and Legends Treasure Hunt

When: Saturday 2nd August

Start: 10:30am, meet at Saltburn library

Length: 2 hours

Loftus library - Treasure Hunt

When: Saturday 9th August

Start: 10:30am, meet at Loftus Library.

Length: 2 hours

Skelton library - Treasure Hunt

When: Saturday 16th August

Start: 10:30am, meet at Skelton Library.

Length: 2 hours

Why cycle with children?

Boost your positive mental attitude, and your child's - cycling can help to relieve stress, and introduces a healthy activity to children when they are young.



Join our brand new cycling group 'Redcar & Cleveland Riders'. Family and Adult rides - weekends, weekdays and evenings.



/redcarandclevelandriders

Active Steps Walks

Active Healthy Steps

Get active and join our health walks where the social side is just as important as the exercise. We regularly stop for a cuppa at the end of the walk, with a choice of long and short routes.

Guisborough

When: Every Monday ① and Thursday ③

Start: 9:30am Boots, Westgate

Length: 2 to 3 hours

Explore Guisborough and make new friends on our health walks. Mondays are a pushchair friendly 3 to 4 miles, whilst Thursday's are longer (5-8 miles), a little more off road and sometimes hilly.

Which walk is for me?

- ① Easy access walks for everyone, including people with conventional wheelchairs and pushchair's, using easy access paths. Comfortable shoes and trainers can be worn. Assistance may be needed to push wheelchairs on some sections.
- ② Leisurely walks for reasonably fit people. These may include unsurfaced rural paths. Walking boots and warm waterproof clothing are recommended.
- ③ A more challenging walk, for walkers with a good fitness level. May include hills, steep paths and rough country. Walking boots and warm waterproof clothing are essential.

About us



www.activetravel.me



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Get Moving Redcar and Cleveland is a regional project commissioned by Redcar & Cleveland Borough Council through Sustrans the national charity and funded by the Department of Transport. The aim is to promote active travel such as cycling, walking, car sharing and the use of public transport in our area.

